



## 13U Girls Development Program 2017-18 Black Stream

**13U Black Stream** This program is for players who can perform the basic volleyball skills with control and consistency and are able to handle the regulation weight ball. 6X6 play and team concepts are introduced while continuing skill development. Athletes in this program will train together and will be grouped into team(s) to compete at local tournaments, Lower Mainland Championships and Provincial Championships

**Age Requirement** For athletes born 2005/2006

**Assessment Sessions** Athletes will take part in 2 assessment sessions and be evaluated by a technical committee who will group players having a comparable level of skill and athletic ability into either:

- 13U Black Stream Development Program
- 12/13U Red Stream Development Program

Assessment Dates:

Sun November 19	8:30 – 10:00am	Argyle Secondary
Sat November 25	9:00 – 10:30am	Mountainside Secondary
		Parent Meeting @ 10:00am

**Note:** Athletes should try to attend both sessions but it is not mandatory. If you have a conflict, please note this in your registration. We will notify the Evaluators so they will know to complete your evaluation of the day that you attend and you will still be eligible to be selected for the Black Stream program.

Athletes who cannot attend either of the assessment sessions can still participate in the 12/13U Development Program and will start in the Red Stream group in January.

Additional athletes may be invited to the Black Stream program from the Red Stream at a later date as determined by the BCO Player Development and Technical Directors

**Training Schedule**  
(Black Stream) 2 practices per week (season runs from January 8 – May 6, 2018):  
Mondays, 6:30 – 8:15pm, Mickey McDougall Gym  
Thursdays, 6:30 – 8:30pm, Mickey McDougall Gym

\* A 3<sup>rd</sup> weekly practice may be added after Spring Break to provide additional training time before Lower Mainlands and Provincials

Candidates should have **no regular conflict** with weekly practices, although we do understand that most of the girls are involved with other activities and that some conflicts may arise. Please discuss any such conflicts with Program Administrator **immediately**. We require minimum 75% practice participation, which means not missing more than 2 practices per month.

**Coaching Staff** Chris Ruse, 13U program & team head coach

**Tournaments** Participation in the Black Stream training program requires **MANDATORY ATTENDANCE** for the following events:

April 14-15 13U Girls Lower Mainland Championships  
May 4-6 13U Girls Provincial Championships – Tradex, Abbotsford

Additional tournaments are optional attendance and will be finalized after Black Stream athlete selection. The events scheduled will depend on athletes' and coaches' availability and may include Volleyball BC events and locally hosted tournaments & playdays:

Feb 24-25 12/13U Girls Super Spike  
TBA Big Kahuna Play Day  
TBA Force Play Day  
TBA Sunshine Coast Play Day

**Seasons Fees** \$750 13U Girls Black Stream

Includes: Volleyball BC membership, gym rentals, equipment, tournament entries (3-4 tournaments, Lower Mainlands and Provincials), technical support (coaching seminars & certification, technical resources) warm-up t-shirt, team uniform (jersey & shorts) and administration support (website, banking, etc).

Travel costs and any optional tournament fees are not included.

**Acceptance** Athletes invited to join 13U Black Stream will be notified no later than 6:00pm Sunday, November 26<sup>th</sup>

Selected athletes must confirm their acceptance via email to Deb Janzen (deb.janzen@bcovolleyball.com) by 5:00pm, Monday November 27<sup>th</sup>

**BCO Registration Night** Thursday December 14, 5:30 – 6:15pm, location TBA

Uniform sizing, additional BCO gear purchases and registration payment will be completed. More details will be forwarded after Black Stream selections have been made.

**Additional Information** Please consult the BCO President, Trina Hewlett (president@bcovolleyball.com) if the fee structure poses an impediment to participation.

**Program Administrator** Deb Janzen  
BCORegistrar@bcovolleyball.com