



13U Girls Development Program 2018-19

Black Stream

- 13U Black Stream** This program is for players who can perform the basic volleyball skills with control and consistency and are able to handle the regulation weight ball. 6X6 play and team concepts are introduced while continuing skill development. Athletes in this program will train and compete at local tournaments, Lower Mainland Championships and Provincial Championships
- Age Requirement** For athletes born 2006
12U (born 2007) are invited to participate in the assessment but preference will be given to 13U athletes.

Assessment Sessions Athletes will take part in 3 assessment sessions and be evaluated by a technical committee who will group players having a comparable level of skill and athletic ability into either:

- 13U Black Stream Development Program
- 12/13U Development Program

Assessment Dates:

Sun November 18 4:30 – 6:00pm Argyle Secondary
Parent Meeting @ 5:40pm, Cafeteria

Wed November 21 6:15 – 7:45pm Mountainside Secondary

Sun November 25 3:30 – 5:00pm Argyle Secondary

Note: Athletes should try to attend all sessions but it is not mandatory. If you have a conflict, please note this in your registration. We will notify the Evaluators so they will know to complete your evaluation of the day(s) that you attend and you will still be eligible to be selected for the Black Stream program.

Athletes who cannot attend the assessment sessions or commit to the required training dates can still participate in the 12/13U Development Program that will start in mid January, 2019.

Additional athletes may be promoted to the Black Stream program from the 12/13U Development program as determined by the BCO Player Development committee.

Training Schedule
(Black Stream)

2 practices per week (season runs from January 7 – May 5, 2019):
Tuesdays, 6:45 – 8:45pm, Mickey McDougall Gym
Saturdays, 8:00 – 10:00am, Mountainside Secondary

* A 3rd weekly practice may be added after Spring Break to provide additional training time before Lower Mainlands and Provincials

Candidates should have **no regular conflict** with weekly practices, although we do understand that most of the girls are involved with other activities and that some conflicts may arise. We require minimum 75% practice participation, which generally means not missing more than 2 practices per month.

Coaching Staff	Alex Harvalias, 13U Black Head Coach
Tournaments	<p>Participation in the Black Stream training program requires MANDATORY ATTENDANCE for the following events:</p> <p>April 13-14 13U Girls Lower Mainland Championships May 4-5 13U Girls Provincial Championships – Tradex, Abbotsford</p> <p>Additional tournaments are optional attendance and will be finalized after Black Stream athlete selection. The events scheduled will depend on athletes' and coaches' availability and may include Volleyball BC events and locally hosted tournaments & playdays:</p> <p>Jan 26 13U Spike League (Langley) Mar 2-3 13U Girls Super Spike (Burnaby) Mar 9 13U Spike League (Burnaby) TBA Force Play Day TBA Ducks Play Day</p>
Seasons Fees	<p>\$750 13U Girls Black Stream</p> <p>Includes: Volleyball BC membership, gym rentals, equipment, tournament entries (3-4 tournaments, Lower Mainlands and Provincials), technical support (coaching seminars & certification, technical resources) warm-up t-shirt, team uniform (jersey & shorts) and administration support (website, banking, etc).</p> <p>Travel costs are not included and any tournament fees for events outside of the Lower Mainland or after the regular season end May 5 are not included.</p>
Acceptance	<p>Athletes invited to join 13U Black Stream will be notified no later than 8:00pm Sunday, November 25th</p> <p>Selected athletes must confirm their acceptance via email by 6:00pm, Monday November 26th. Email information will be provided with the selection information.</p>
BCO Registration Night	<p>Wednesday December 19, 5:00 – 5:30pm, location TBA</p> <p>Uniform sizing, additional BCO gear purchases and registration payment will be completed. More details will be forwarded after Black Stream selections have been made.</p>
Additional	<p>Candidates requiring financial assistance are asked to apply to the following organizations: KidSport, JumpStart, Athletics for Kids. Please consult their websites for funding information and applications and we encourage you to start the process early.</p> <p>Please contact the Program Administrator if you have questions about funding.</p>
Program Administrator	<p>Deb Janzen BCORegistrar@bcovolleyball.com</p>